

## Area Roundup: Shasta baseball splits with Napa; Keck sets pace at Frosty Fun Run

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Saturday, February 25, 2012

The Shasta College baseball team split a doubleheader with Napa College at home on Saturday afternoon. The Knights lost the opener, 13-7, and won the final game 8-4.

The Knights' Mike Nowak took the loss in the first game.

Andrew Tracy hit a homer and knocked in two runs, Chris Miller went 3-for-3 with a pair of RBIs, Christian Massey had a double and an RBI and Kelly White doubled in a losing effort.

In game two, the Knights were led by Andrew Tracy and Hayden Pitt on the mound, who got the win and save respectively, to win the nightcap.

Codey Ellenwood went 2-for-4 with a triple and two RBIs, Jeremy Richardson went 3-for-5 with a double and two RBIs, and Devin Higgins had a 2-for-4 day at the plate, as well.

Shasta plays Consumnes River college at home, Tuesday at 2 p.m.

JC softball

Shasta drops two

The Knights dropped a pair of games on the road in Sacramento.

In the first game, Sara Femmel was the losing pitcher. Shasta's Cassidy Horner went 2-for-4 and Julia Spediacci was 2-for-3.

In game two, Shasta's Brianna Brothers was 3-for-3 with an RBI and Racie Carrel was 2-for-3 with a double and an RBI.

Shasta (4-10) plays Los Medanos and West Valley College on Saturday in Pittsburg.

Keck sets pace at Frosty Fun Run

Ben Keck set a course record when he came in first place Saturday in the 4.3-mile Frosty Fun Run held at Lake Redding Park.

The 28-year-old runner had a time of 21 minutes, 58 seconds.

Michael Cook, 16, placed first in the 2-mile run with a time of 11:01.

Some 89 runners competed in the 4.3-mile race while there were 67 competitors in the 2-mile.

The next run will be the NorCal John Frank Memorial set for March 3. For information go to [www.sweatrc.com](http://www.sweatrc.com).

Late Friday

JC track and field

Women

The Shasta men's and women's track and field teams posted 30 personal records at the San Mateo mini meet on Friday, competing against 10 other teams.

Coach Pete Giachetti's women, especially, fared well in San Mateo, and brought home six individual championships.

Jazmin Porter won the shotput (43 feet, 8 inches), hammer (152 feet, 1¼ inches, and discus (151 feet, 5 inches).

Teammate Brit March also won multiple events, in the 1,500-meter run, in a time of 2 minutes and 33.41 seconds, and the 5,000, in 19:58.68. Karle Fitzhugh won the high jump, with a mark of 5 feet, 6 inches.

Runner-ups included Dalanne Bartlett, from Enterprise, in the 400 run (59.59), Sarah Loogman in the 100-meter hurdles (15.62), Chelsea Moynaham in pole vault (10 feet, 1/2 inch) and Micaela Sessions in the javelin (117 feet, 4¼ inches).

Bronze winners included Barlett in the 800 run (2:33.41) and Loogman in the pole vault (10 feet, 1/2 inch).

Both women's relay teams (4x100 and 4x400 meters) both finished fifth.

Men

The men's effort on Friday in San Mateo featured three third-place finishes.

Peter Roman got a mark of 5.10 feet in the high jump, Stevonte Young leaped 43 feet in the triple jump and Kyle Hillenburg was the final third-place Knight, in the hammer event, with a throw of 131 feet, and 6¾ inches.

Austin Lamkin finished fifth in the 800 run at 2:08.16, and eighth in the 400 at 51.08.

Roman finished seventh in pole vault at 9 feet, while Cody Ramage finished fifth in discus (142 feet, 5½ inches), sixth in shotput (44 feet, 10¾ inches) and ninth in the hammer (108 feet and 3/4 of an inch).

Both track and field teams compete at the Chico Multi Event in Chico Thursday and Friday, and at the Beaver Relays at American River College in Sacramento on Saturday.



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